

Flourish Fall Newsletter

Dear Flourish Research Families!

We want to thank you for your interest and dedication to this important research! Your commitment is invaluable and without it we could not continue in our quest to understand the onset and course of mood disorders.

As fall is a season of new beginnings, it seems fitting to start this newsletter by introducing two new members of our research team. We have a new counselor, Jenny Wolff Jean-François, joining us this September! Jenny will be providing supportive counseling for research participants on referral from Dr. Duffy. She is fluent in both English and French and will be working with our research team in Ottawa at the MDCO offices 1 day per week. We would also like to introduce our new Research Coordinator, Liz Tetzlaff, who is taking over from Arielle Weir now managing our databases and completing her PhD in Epidemiology. Liz is also a graduate student starting her PhD at the University of Ottawa this fall. Liz joined our team as a research assistant last September and thoroughly enjoyed the work and getting to know the research families. Should you have any questions or concerns about the research you may contact Liz, contact details at the bottom, and she would be more than happy to assist you.

Sarah Goodday and Charles Keown-Stoneman, who have worked on the research for up to a decade, have both successfully earned their PhD degrees. Sarah has moved to the UK to work on a postdoctoral fellowship with our collaborators at the University of Oxford and Charles is working as a research biostatistician and will be joining the Dalla Lana School of Public Health as an Assistant Professor at the University of Toronto. Both remain as co-investigators in the Flourish High Risk Study.

In other news, as we mentioned in our previous newsletter, we continue our collaboration with Oxford University in the UK, on developing an App for remote capture of self-report data. The objective of this project is to help the prediction of mood episodes. We, in collaboration with our partners at Oxford's Big Data Institute, will be launching the True Colours App for both Apple and Android users this season – so please stay tuned! We are always uploading new publications related to this research on our website: <http://www.mdco.ca/research/publications/> Please check these out when you have time.



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